

LGBTQ+ Resources

This page is currently under construction. Please revisit for further updates with educational resources, training and leadership opportunities, and funding for grassroots organizing and political action.

Crisis

Abuse, Assault, Dating & Domestic Violence

ORGANIZATION	HOTLINE	OTHER CONTACTS	SERVICES
Cocoon House	425-877-5171	LGBTQ+ Advocate: 425-359-3318	24/7 safe place hotline, youth shelter, drop-in shelter, transitional housing, support groups - serving youth ages 12-24
The Network/La Red	800-832-1901	N/A	Helping LGBTQ, SM, and polyamorous communities through organizing, education, and helpline
The NW Network	N/A	206-568-7777	Support for LGBTQ+ survivors of abuse - advocacy, services, resources, community engagement and education, provider training, & more
YWCA of Snohomish County	206-461-4882	N/A	24/7 crisis hotline for women w/ children, domestic violence services, shelter, housing, employment, landlord-tenant counseling

Bullying & Discrimination

[StopBullying.gov](#): Get Help Now

- Provides facts about bullying, laws & resources, guidance for youth and adults, and training materials

[US Department of Education: Office for Civil Rights](#):

- Policy guidance, harassment prevention resources, civil rights data, language assistance resources, filing a complaint, etc.

[US Department of Justice: Civil Rights Division](#):

- *The Civil Rights Division enforces federal laws that protect you from discrimination based on your race, color, national origin, disability status, sex, religion, familial status, or loss of other constitutional rights. If you believe your civil rights, or someone else's, have been violated, submit a report using our online form.*

Hate Crimes

[HRC: What to Do If You've Been the Victim of a Hate Crime](#): see list

- [National Coalition of Anti-Violence Programs](#): Hotline: 212-714-1141, or [report online](#)
- [FBI Victim Services](#): resources for crime victims

[Communities Against Hate: Report](#):

- *Report online or by phone: 1-844-9-NO-HATE/1-844-966-4283*
- *Communities Against Hate is led by The Leadership Conference Education Fund and the Lawyers' Committee for Civil Rights Under Law, in partnership with an extraordinarily diverse array of organizations.*

[Stop the Hate: Report Hate Crimes](#):

- *Stop the Hate Community is a grassroots organization created by Kristopher Larsen to provide online tools for reporting and accountability. It's first project is the Anti-Biased and Hate reporting tool that allows for anonymous reporting of anti-bias and hate incidents around our nation. The tool is specifically made to be mobile friendly, allows for uploading images and video, and provides a live map of incident locations.*
- [Report Law Enforcement Misconduct](#) here

Mental Health Crisis

[Lifeline Suicide Prevention Resources for the LGBTQ+ Community](#)

ORGANIZATION	HOTLINE	OTHER CONTACTS
GLBT National Hotline	888-843-4564	Youth 25 & under: 800-246-7743; Seniors 50+: 888-234-7243; online chat
The Trevor Project Suicide Hotline	866-488-7386	Text START to 678-678; use online chat from website
Trans Lifeline	877-565-8860	N/A

Services for Low-Income & Unsheltered LGBTQ+ Folks

Shelters

Search Tools

[Housing and Urban Development \(HUD\)](#): Find Shelter

- *Search tool: Find shelter, food pantries, health clinics, clothing*

[Snohomish County Cold Weather Shelters](#): Information about emergency shelter availability, updated daily

EVERETT

- [Cocoon House Drop-in Center](#), 3530 Colby Ave Ages 13-24. M-F 2-6:30PM; Sat-Sun 10AM-1PM. Call 24/7: 425-877-5171 - also provides computer & internet access, laundry, showers, transportation assistance
- [Interfaith Family Shelter](#), 2507 Cedar Ave - Families with children. Phone: 425-303-9774

LYNNWOOD

- [YWCA: Pathways for Women](#), 6027 208th St SW - Single women, or with children. Ph: 425.774.9843 x226. Options.

Temporary & Transitional Housing

- [Snohomish County Housing & Essential Needs \(HEN\)](#):
 - Ph: 425-388-3360 - People referred through [DSHS - HEN Referral](#) program
- [Coordinated Entry - Snohomish County](#): Call 211 hotline - Anyone experiencing homelessness, living in a place not suitable for dwelling
- [YWCA of Snohomish County](#): Ph: 425-359-7190 - Low-income families in Snohomish and King counties.

Essential Needs & Other Services

	ORGANIZATION	LOCATION	SERVICE
FOOD	National Black Trans Advocacy Coalition	NATIONAL	Free food pantry
	Trans Women of Color Collective (TWOCC): Black Trans Health Initiative	NATIONAL	Funds for meals or food, hygiene products, car fare, clothing/shoes, etc.
HYGIENE/PPE/ETC.	National Black Trans Advocacy Coalition	NATIONAL	Free Hygiene & PPE Care Package
	Trans Women of Color Collective (TWOCC): Black Trans Health Initiative	NATIONAL	Funds for meals or food, hygiene products, car fare, clothing/shoes, etc.
COMPUTER/INTERNET	Cocoon House	EVERETT	U-Turn Drop-in Center for youth age 13-24 - computer & internet access
	Everett Public Library	EVERETT	Chromebook and WiFi Hotspot - 3-week checkout for library cardholders
	Sno-Isle Public Libraries	SNOHOMISH & ISLAND COUNTIES	Laptop and WiFi Hotspot - checkout for library cardholders
LANDLORD ENGAGEMENT	YWCA of Snohomish County	SNOHOMISH COUNTY	YWCA Landlord Engagement Project - reducing rental barriers

Legal Resources & Policy Advocacy

Snohomish/King County & Statewide

[Trans Youth Handbook:](#)

- *Co-authored with the National Center for Lesbian Rights, the Trans Youth Handbook is a legal resource guide that covers the rights of trans youth across such a wide spectrum of situations, including identity documents, school, health care, non-affirming care environments, and work. Available in mobile-friendly and PDF versions.*

	ORGANIZATION	CONTACT	RESOURCE	SERVICES	DISCOUNT?
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	ORGANIZATION	CONTACT	RESOURCE	SERVICES	DISCOUNT?
ADVOCACY ORGANIZATION	Gender Justice League	Contact us	General resources	N/A - no direct services provided in Snohomish County	
	Entre Hermanos	Contact us ; or Schedule an immigration consultation online or call 206-532-0266	N/A	Direct representation, advocacy, support groups, case management, trainings & workshops, community education	Free or sliding scale services
	Equal Rights WA	Call 206-324-2570; info@equalrightswashington.org	Information for candidates; FAQ	Advocacy, community education, political endorsement	N/A
	Ingersoll Gender Center	206-849-7859; info@ingersollgendercenter.org	Resource Guides	Advocacy, resource referrals, financial support for name changes and other needs, support groups, healthcare provider database	N/A
	Safe Schools Coalition	877-723-3723 (Crisis Hotline); Contact the SSC Intervention Team	Contact for resources	Advocacy, crisis intervention, training & workshops, resources	N/A
	WA Education Association	800-622-3393	Resources	Advocacy, education, training	N/A
	WSU GIESORC: Gender Identity/Expression and Sexual Orientation Resource Center	Matthew Jeffries: 509-335-8841; matthew.jeffries@wsu.edu	See site	Resources, community building, school system-wide initiatives throughout WSU statewide system; promoting academic and personal growth, learning, and development for students	N/A

	ORGANIZATION	CONTACT	RESOURCE	SERVICES	DISCOUNT?
IMMIGRATION	Entre Hermanos	Contact us; or Schedule an immigration consultation online or call 206-532-0266	N/A	Direct representation, advocacy, support groups, case management, trainings & workshops, community education	Free or sliding scale services
	Jewish Family Service Seattle: Asylum Support Program	Call 425-643-2221; ris@jfsseattle.org ; or use contact button	See website	Refugee & immigration services, community stabilization services, domestic violence services, older adult services, counseling & addiction service, food bank, supportive living	Free of cost
	NW Immigrants Rights Project	Call 206-587-4009 or 800-445-5771	Community Information; Know Your Rights; DACA	Direct representation, litigation, advocacy, community education & training	Serving people under 200% Federal Poverty Limit
LEGAL FIRM	Lavender Rights Project	Request legal services ; or use contact form	N/A	Direct representation, referrals, advocacy, community education, training & workshops	Sliding scale available
	QLaw Foundation LGBTQ+ Legal Clinic	Schedule a 30-minute Consultation or Call 206-235-7235	Forms and tutorials	Consultations, advice, resources	Free of charge
LEGAL FINANCIAL AID	Diversity Alliance of the Puget Sound: Name Aid Program	Apply for assistance with legal name changes	N/A	Name change financial assistance including; court, birth certificate, and DOL, or any mix of the three.	Funding not guaranteed

National & International

	ORGANIZATION	CONTACT	SERVICES
ADVOCACY ORGANIZATION	Black Transwomen Inc	Get support/contact us	Education, training, advocacy, support groups, and resources for Black trans women
	Center for Black Equity	Contact CBE	Advocacy, organizing, policy initiatives, events, and more
	Familia TQLM (Trans Queer Liberation Movement)	Contact us	Building community, organizing, advocacy, and education for trans and queer Latinx folks.
	Human Rights Campaign	Contact us	Policy advocacy & reform, education, voter mobilization
	InterAct Advocates	info@interactadvocates.org ; 707-793-1190	Intersex Law & policy advocacy; youth leadership; media & education about intersex people
	National Black Justice Coalition	I Am NBJC: Share Your Story (About Discrimination) ; Contact	Advocacy for Black LGBTQ+ folks through policy change, coalition building, education, research
	National Black Trans Advocacy Coalition	855-624-7715; corp@blacktrans.org	Community education, public policy initiatives, empowerment programs, direct services
	National Center for Transgender Equality	Contact us	Law & policy advocacy; legal resources & self-help guides; education; support network
	National Queer Asian Pacific Islander Alliance (NQAPIA)	Contact us	Conferences, trainings, advocacy, policy reform, capacity building and resources for local grassroots API-led LGBTQ+ organizations
	Nonbinary & Intersex Recognition Project	Contact us	Advocacy, research, and education
	Trans United Fund	Contact us	Capacity building, training, technical support, and funding for trans leaders and trans-led organizations
	Trans Women of Color Collective (TWOCC)	Contact us	Advocacy, education, speakers, healing initiatives, funding for community members
	TransYouth Family Allies	888-462-8932 (888-IMA-TYFA); INFO@IMATYFA.ORG	Educational programs, advocacy training, resources, support forums for families and allies of trans youth
	Zuna Institute	916-207-1037	National advocacy organization for Black lesbians focusing on healthcare, education, public policy, and economic development

	ORGANIZATION	CONTACT	SERVICES
LEGAL SERVICES	Transgender Law Center	Ph: 510-587-9696; Collect line for people in prison and detention: 510-380-8229	Trans-led firm - legal advocacy & litigation, legal help desk & resources, education, trans-led advocacy and focus groups
	Transgender Legal Defense & Education Fund (TLDEF)	Contact us	Test case litigation , public education, public policy advocacy, direct legal services
IMMIGRATION	HIAS (Hebrew Immigrant Aid Society): Gender-Based Violence	See FAQ for contacts	Risk-reduction, responses to community violence, and prevention training/services; providing refugee & immigration services to LGBTQ+ populations
	Immigration Equality		LGBTQ-focused immigrant rights - policy reform & advocacy, impact litigation, direct services for asylum seekers, legal resources & self-help
	National Queer Asian Pacific Islander Alliance (NQAPIA): DACA/DAPA Legal Assistance Directory	Intake form link defunct	Free legal providers directory ; or see list of other directories under prior link
	ORAM (Organization for Refuge, Asylum & Migration)	Contact us	Immigration and legal assistance, advocacy, emergency response, and economic inclusion for LGBTIQ refugees and asylum seekers
LEGAL FINANCIAL AID	LGBTQ Freedom Fund	info@lgbtqfund.org; 786-233-8969	National bail fund for LGBTQ+ folks in jails or detention centers
	Trans Lifeline: Microgrants	N/A	Financial assistance for legal name changes, ID fixes, HRT, and other healthcare - priority given to Trans BIPOC
SELF-HELP	Transgender Law Center: Legal Help Desk	N/A	<i>Find legal resources by topic/issue area</i>
	Trans Youth Equality Foundation (TYEF)	N/A	<i>Students: Know Your Protest Rights</i>

Healthcare

General Resources

- [REFUGE Restrooms](#):
 - *Refuge Restrooms is a web application that seeks to provide safe restroom access for transgender, intersex, and gender nonconforming individuals. Users can search for restrooms by proximity to a search location, add new restroom listings, as well as*

comment and rate existing listings.

Know Your Rights/Advocacy

- [LGBTQ+ Healthcare Bill of Rights](#):
 - *What rights do LGBT people have right now when you go see a healthcare provider? Do hospitals prohibit discrimination based on sexual orientation and gender identity? Can you get help designating someone to make health decisions if you can't? Find out these and more answers in The Healthcare Bill of Rights.*
- [TLDEF's Trans Health Project](#):
 - *The Transgender Legal Defense & Education Fund's Trans Health Project aims to ensure that all transgender and non-binary people can access the trans-related health care that they need.*
 - *Website contains health insurance tutorials and information, resources, and more tools for navigating healthcare.*
- [The Q Card Project](#):
 - *The Q Card is a simple and easy-to-use communication tool designed to empower LGBTQ youth to become actively engaged in their health, and to support the people who provide their care.*
- [Trans Youth Family Allies \(TYFA\): Advocate for Your Child](#)
 - *Lists of documents and references, including medical advocacy and information*
 - *How to create a [Safe Folder](#)*
- [National Black Justice Coalition \(NBJC\): Stress, Trauma, and Healing](#)
 - *About the importance of healing, and mental health resources and information for Black youth and adults*

Finding a LGBTQ+-Affirmative Provider

Directories and Tutorials:

- [Ingersoll Gender Center: Healthcare Provider Directory](#): Search by city, zip code, health insurance network, and more
- [GLMA: Health Professionals Advancing LGBTQ Equality](#): Search Provider Directory
- [Gay City: Resource Referrals](#)
- [OutCare: Find an LGBTQ+ Competent Healthcare Provider](#)
- [Rewire: How to Find a Gender-Affirming Doctor \(06/29/2020\)](#)
- [My Trans Health: Find a provider](#)
- [WPATH \(World Professional Association for Transgender Health\): Find a provider](#)
- [HRC: Interactive Map of Clinical Care Programs for Gender-Expansive Children](#)
- [National Queer & Trans Therapists of Color Network](#): Search or Join Directory
- [National Queer Asian Pacific Islander Alliance \(NQAPIA\) Healer Network and Therapy](#)

Resources List

- [FEDUP \(Fighting Eating Disorders in Underrepresented Populations: A Trans+ & Intersex Collective\)](#): Find online and local support groups for LGBTQ+ folks with eating disorders, and qualified treatment providers

Funding for Gender-Affirming Healthcare, Mutual Aid, and Basic Needs

- [Jim Collins Foundation](#): Grants for gender-affirming medical procedures
- [Ingersoll Gender Center](#): Request financial assistance for gender-affirming healthcare and other transition needs
- [Diversity Alliance of Puget Sound](#): Assistance with HRT supplies and other financial assistance - [Apply here](#)
- [GLITS \(Gays and Lesbians living in a Transgender Society\)](#): Relocation assistance, asylum assistance, physical and mental health assistance (including HRT)
- [Black Trans Men](#):
 - [Binder Grant Program](#)
 - [Top Surgery Grant](#)
 - [Health Grant for Products](#) (recommended supplier: [FTM Essentials](#))
 - [General Support Request](#)
- [National Queer & Trans Therapists of Color Network: QTBIPOC Mental Health Fund](#):
 - *The MHF provides financial assistance to queer and trans people of color to increase access to mental health support for QTBIPOC by QTBIPOC*. The program is designed to provide financial support for QTBIPOC to work with psychotherapists in an effort to address the economic barriers inherent in healthcare and the mental health system.*
- [Black Trans Women](#): General support request
- [The Okra Project: Programs](#): Various mutual aid requests for Black Trans folks
- [TWOCC \(Trans Women of Color Collective\): Black Trans Health Initiative](#): Financial assistance for basic needs, meals, hygiene, clothing, and shoes; also for capacity building, community wellness, etc.

Known LGBTQ+-Affirming Healthcare Providers in Snohomish County+

	CITY	PROVIDER	ORGANIZATION	SLIDING SCALE?
MULTI-SERVICE CLINICS	EVERETT	Everett Health Center of Everett, WA	Planned Parenthood	Sliding fee scale
		Services: Abortion; Birth Control; HIV Services; LGBTQ Services; Men's Health Care; Morning-After Pill (Emergency Contraception); Pregnancy Testing & Services; STD Testing; Treatment & Vaccines; Women's Health Care		
	EVERETT	Seattle Children's Adolescent Medicine	Seattle Children's	Financial assistance available
		Services for youth ages 10 to 21 years: treatment for eating disorders; biofeedback for chronic headaches and abdominal pain; pediatric and adolescent gynecology; gender diverse care; and reproductive and sexual health		
	LYNNWOOD	Lynnwood Health Center of Lynnwood, WA	Planned Parenthood	Sliding fee scale
		Services: Abortion; Birth Control; HIV Services; LGBTQ Services; Men's Health Care; Morning-After Pill (Emergency Contraception); Pregnancy Testing & Services; STD Testing; Treatment & Vaccines; Women's Health Care		
	MARYSVILLE	Marysville Health Center of Marysville, WA	Planned Parenthood	Sliding fee scale
		Services: Abortion; Birth Control; HIV Services; Men's Health Care; Morning-After Pill (Emergency Contraception); Pregnancy Testing & Services; STD Testing; Treatment & Vaccines; Women's Health Care		
DENTAL	LYNNWOOD	David Pacey, DMD	Harbour Dental	Unknown
FAMILY MEDICINE	EDMONDS	Jillene M. Casey, MD	Swedish Edmonds Birth & Family Clinic	Financial assistance available
	LAKE STEVENS	Joanne Thambuswamy, MD	The Everett Clinic at Lake Stevens	Financial assistance available
	MILL CREEK	Andie Lesowske, MD	The Everett Clinic at Thomas Lake	Financial assistance available

	CITY	PROVIDER	ORGANIZATION	SLIDING SCALE?
MENTAL HEALTH	BOTHELL	Carlo Quedado, LICSW	Catalyst Counseling	No
		Gemma Drouhard Stilley, LMFT		
		Katherine Walter, LCSW, CSW Gerontology		
		Anna Weinrank, PhD	Eastside Psychological Associates	Sliding scale policy
		Kieran S McMonagle, LMFT	Sawyer Therapy/Envision Counseling	No
		Liz Hunter, MA, LMFT	Independent practice	No
	EDMONDS	Jana L Ekdahl, MA, LMHC	Transformational Unfolding	No
		Virginia Hashii, LMFT, LMHC	Independent practice	No
		Eric G. Huffman, LICSW	Independent practice	May have sliding scale
	EVERETT	Lisa Adriance, PhD	Western Washington Medical Group	No
		Amber Rice, LMFT	Independent practice	No
		Brian Splinter, LMHC	Emerald City Counseling Associates, LLC	No
	MOUNTLAKE TERRACE	David Flack, LMHC, SUDP	Independent practice	No
		Regina A. Blackwolf, LICSW, MAC	Approaching Authenticity, PLLC	Sliding scale policy
MIDWIFE	MOUNTLAKE TERRACE	Brandi Ross-Bell, ND, LM	Moonrise Health	Unknown
NATUROPATHY	WOODINVILLE	Dr. Eric Yarnell, NP	Health Moves	No
PHYSICAL THERAPY	EDMONDS	Virginia Hashii, LMFT, LMHC	Independent practice	No
	EVERETT	Dr. Katie McGee, PT, DPT	B3 Physical Therapy and Wellness, PLLC	Sliding scale or payment plans available
URGENT CARE	BOTHELL	Anne Marie Young, ARNP	HealthPoint CHC	Financial assistance available

	CITY	PROVIDER	ORGANIZATION	SLIDING SCALE?
UROLOGY	MOUNTLAKE TERRACE	Mandi L. Bainton, PAC	UW: Urology Clinic at Mountlake Terrace	Financial assistance available

Other Sexual Health Services & Resources

- [Vaccination Guidelines for Men Who Have Sex with Men](#)
- [Snohomish County Health District: HIV/AIDS Resources](#)
 - See also: [PrEP: HIV Prevention](#)
- [Lifelong: Sexual Health:](#)
 - *HIV testing, prevention, education, and PrEP information*
 - [Case Management](#) for people living with HIV/AIDS
- [Entre Hermanos: PrEP & HIV Prevention](#)
 - [Case Management](#) for people living with HIV/AIDS
- [AIDS Project Snohomish County: HIV Prevention Programs](#)
 - *Also supports advocacy, provides scholarships and grants, fundraises for people living w/ HIV/AIDS, and more*

Community Networks

All Ages - All-Inclusive

[Snohomish LGBTQI Meetup:](#)

- *A group dedicated to meeting other LGBTQI people in Snohomish County and building community. Currently all activities are using online formats.*

[Edmonds Neighborhood Action Coalition: Under the Rainbow](#)

- *Community organization of neighbors working together to educate, organize, and protect their most vulnerable members, while leading effective actions for change. Actively working to promote democracy and expand shared values of equity, freedom, liberty, and justice at every level.*
- *Hosts regular [Queer Movie Night](#), [Storytelling for the LGBTQIA+ community](#), [Writing Rainbow](#), and [Family-Friendly Gayme Nights](#).*

[Help Me See Myself:](#)

- *Online project created by Samantha Ayers (she/her) for her Girl Scout Gold Award Project, enabling LGBTQ+ youth to ask LGBTQ+ adults and elders questions about their experiences; providing youth with adult LGBTQ+ representation and role models.*

Pride Events & Organizations

SNOHOMISH COUNTY

- [Snohomish County Pride](#) - no 2021 event announcement as of 06/11/2021

SEATTLE

- [Seattle Pride](#) - Saturday & Sunday, June 26 - 27, 2021, 11:00AM - 5:00PM PT, [Online \(tickets\)](#)
 - Other events: [Pride Speaks](#) - last Wednesday every month, Virtual, 7PM - 9PM PST - Free
- [Capitol Hill Pride Festival](#) - Sat. & Sun. June 26-27, 2021, Cal Anderson Park, Bobby Morris Playfield, Seattle, WA
- [Trans Pride Seattle](#): - no 2021 event announcement as of 06/11/2021
- [NW Black Pride: Pride Legacy BBQ](#) on Juneteenth - Saturday, June 19, 2PM - 5PM - see site for location and RVSP
 - **Save the Date:** OCT. 29-31, *Pride 2021 [Stronger Together: Fighting Anti-Blackness, Centering LGBTQIA Lives](#) - Seattle, WA*
- [Lambert House: Digital Pride Sleepover and Brunch](#): 06/25/2021 - 06/26/2021 - for youth ages 22 and younger - see site for schedule and registration; suggested donation only
- [Three Dollar Bill Cinema: Pride 2021](#): Month-long celebration with queer-themed short- and full-length feature films and live events

NATIONAL

- [Marsha P. Johnson Institute](#): Black pride 365
- *Celebrating Black Pride Fridays every Friday, plus more events during June 2021 for Pride month and Juneteenth - see site for details and registration*
- [Queer Women of Color Film Festival](#): June 11-13, 2021
- *QWOCMAP will premiere 19 films in 3 screenings during our FREE virtual Queer Women of Color Film Festival, June 11-13, 2021. The 17th anniversary Festival Focus "Molten Connections" forges new relationships, awakens steadfast bonds of diaspora, and sparks a metamorphosis of love that withstands time. From Chumash ancestors who mapped the stars, to two older queer Latinas rekindling a geode of love, to queer and transgender people of color battling gentrification and displacement, these films resonate across generations and lay the cornerstone for change. All films are Subtitled for the Deaf & Hard-of-Hearing, and ASL Interpretation and CART/live open captions will be provided for live, interactive filmmaker Q&As.*

- Visit site for free registration and tickets, and further instructions

Youth-Oriented Groups

	LOCATION	ORGANIZATION	FOCUS	SERVICES
SPRING/SUMMER CAMP	WASHINGTON	Camp Ten Trees	LGBTQ+ youth, or youth of LGBTQ+ families, ages 8-17	Residential spring/summer camp
		Laurel Foundation	At-risk youth (gender-diverse and trans youth ages 6-17 and children, youth, and families affected by HIV/AIDS)	Residential summer camps
		Trans Youth Equality	Trans youth ages 6-17 or nearing the end of High School	Residential summer camps
PERFORMING ARTS	SEATTLE	Diverse Harmony	LGBTQ+ and allied youth ages 13-22	Performing choir, member of GALA
SOCIAL ENGAGEMENT & ADVOCACY	EDMONDS	Edmonds College Center for Student Cultural Diversity & Inclusion	Edmonds College students - see also QAT (Queer Action Team)	Advocacy, resources, counseling, social groups
	EVERETT	Everett Community College Diversity and Equity Center	Everett CC Students - see also Triangle Alliance (Student Clubs & Organizations)	Advocacy, resources, counseling, social groups
	WASHINGTON	WSU: Gender Identity/Expression and Sexual Orientation Resource Center (GIESORC)	WSU LGBTQ+ students	Advocacy, resources, counseling, social groups
	WASHINGTON	Lambert House Social & Support Groups	LGBTQ+ youth ages 10-22	Social and support groups, grouped by identity, interest, age, or other
	ONLINE	Gay Professional Men of Color: Upperclassmen Mentoring Program	Young gay men of color at local universities	Professional mentoring, networking, and support
	ONLINE	Q Chat Space	LGBTQ+ youth age 13-19	Safe, online facilitated chat space
	ONLINE	Youth Guardian Services	LGBTQ+ youth age 13-25	Safe youth cyberspace wiki, chat space, support

	LOCATION	ORGANIZATION	FOCUS	SERVICES
SUPPORT GROUPS	EDMONDS	Edmonds College Center for Student Cultural Diversity & Inclusion	Edmonds College students - see also QAT (Queer Action Team)	Advocacy, resources, counseling, social groups
	EVERETT	Everett Community College Diversity and Equity Center	Everett CC Students - see also Triangle Alliance (Student Clubs & Organizations)	Advocacy, resources, counseling, social groups
	EVERETT	GLOBE Youth; https://www.facebook.com/GLOBE-279064769453/GLOBE Youth Facebook	LGBTQ+ youth ages 14-20	Facilitated peer support and social engagement
	WASHINGTON	Lambert House Social & Support Groups	LGBTQ+ youth ages 10-22	Social and support groups, grouped by identity, interest, age, or other
	WASHINGTON	WSU: Gender Identity/Expression and Sexual Orientation Resource Center (GIESORC)	WSU LGBTQ+ students	Advocacy, resources, counseling, social groups
	ONLINE	Trans Families: Youth Programs	Trans youth from middle-school age to 22	Facilitated support groups, online chat groups, online hangouts, and webinars
	ONLINE	NW Network	LGBTQ+ youth age 13-24	Individual and group support
	ONLINE	Trans Youth Equality	Trans youth age 12-16	Support groups and individual face-time
	ONLINE	Gender Spectrum	Trans, intersex, and gender-expansive youth	Support groups for youth, their parents and caregivers
	ONLINE	TransActive Gender Project (Lewis & Clark Graduate School of Counseling and Education)	Trans, intersex, and questioning youth ages 4-17	Family and youth support groups and counseling
	ONLINE	iSpace Intersex	Intersex youth under 30	Peer support group by and for intersex people
	Start Your Own	Teen Talking Circles	Youth	Support groups and social engagement
	Start Your Own	Gay Straight Alliance Network	Middle- and High School-age LGBTQ+ and allied youth	Support groups, safe spaces, social engagement, advocacy, and education

Adult Groups - All-Inclusive

	LOCATION	ORGANIZATION	DESCRIPTION
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	LOCATION	ORGANIZATION	DESCRIPTION
SPORTS/RECREATION	GRANITE FALLS	Triangle Recreation Camp	LGBTQ+-owned/operated 80-acre tent/RV campground near Mountain Loop Highway - for adults 21+
	PUGET SOUND	Bent Car Guys	Western Washington car enthusiast club for GLBTQ folks - uniting gay and lesbian enthusiasts and their friends who share a passion for motorsports, mechanics and all things automotive - monthly meetings, regular events
	SEATTLE	Bottom Dwellers Scuba Club	GLBTS* diving club with members throughout Washington State & British Columbia
	SEATTLE	Emerald City Softball	Seattle's LGBTQIA+ softball association
	SEATTLE	OutVentures	An LGBT Outdoor Organization Serving the Greater Puget Sound Area
	SEATTLE	Pride League West Seattle	LGBTQ Bowling League that meets on Sunday evenings in West Seattle
	SEATTLE	Pride Sports Seattle Dodgeball	LGBTQ & Ally community-based, sports league
	SEATTLE	Rain City Soccer Club	RCSC organizes predominantly LGBTQ+ soccer teams in the Seattle area
	SEATTLE	Seattle Frontrunners	LGBTQ+ running and walking social group, including monthly potlucks and social hangouts
	SEATTLE	Seattle Otters Water Polo	The Northwest's premier co-ed masters water polo team since 1990
	SEATTLE	Seattle Tennis Alliance	The Seattle Tennis Alliance is a registered USTA Community Tennis Association with roots in the LGBT community
	SEATTLE	Seattle Volleyball Club	Promoting social and recreational volleyball activities for the LGBT communities of Greater Seattle
	SEATTLE	Team Seattle	Athletic association for LGBTQ+ athletes, participating in the annual Gay Games
	SEATTLE	Varsity Gay League	The original Queer+ Recreational Sports Organization offering year-round outside-the-box activities, games and sporting events to the active Seattle resident

	LOCATION	ORGANIZATION	DESCRIPTION
PERFORMING ARTS	SEATTLE	Seattle Choruses (Seattle Women's Chorus & Seattle Men's Chorus)	LGBTQ+ choruses participating in GALA
	SEATTLE	Puget Soundworks	An all-gender, LGBTQ-friendly chorus serving the Puget Sound region

Supportive Families & Friends

	LOCATION	ORGANIZATION	FOCUS	SERVICES
SUPPORT & ADVOCACY	EVERETT	PFLAG Everett: Snohomish County Chapter	LGBTQ+ community members & their families, friends, & allies	Monthly support meetings, occasional film screenings and speakers
	GREATER SEATTLE	NW Network: Queer Parents' Networking Dinners	Parents of LGBTQ+ youth	Peer support and social engagement
	ONLINE	API Family Pride	Resources, support, and facilitation for Asian Pacific Islander families, friends and allies of LGBTQ+ folks	
	ONLINE	Gender Spectrum	Parents and caregivers of trans, intersex, and gender-expansive youth	Support groups for youth, their parents and caregivers
	ONLINE	TransActive Gender Project (Lewis & Clark Graduate School of Counseling and Education)	Families of trans, intersex, and questioning youth ages 4-17	Family and youth support groups and counseling
	ONLINE	Trans Families Support Groups	Parents and caregivers of trans youth (middle school - age 22)	Facilitated support groups by various focuses
	ONLINE	Trans Partner Network	Partners of trans folks	Support, resources, information and 8-week workshop
	ONLINE	Trans Youth Family Allies (TYFA): Talk Forums	Parents and caregivers of trans youth	Talk and peer support forums

Targeted Groups

	LOCATION	ORGANIZATION	MISSION/SERVICES
LESBIAN	SEATTLE	Mature Friends Seattle	Social group for gay and lesbian adults over age 40 featuring various activities throughout the year
GAY	PUGET SOUND	Delta Lambda Phi Fraternity @ UW	UW chapter of Greek fraternity Delta Lambda Phi , for gay, bisexual, and progressive men
	SEATTLE	Gay Fathers Association of Seattle (GFAS)	Support group for gay and bisexual fathers
	SEATTLE	Mature Friends Seattle	Social group for gay and lesbian adults over age 40 featuring various activities throughout the year
	SEATTLE	Seattle Gay Couples	Social group for men in relationships with other men, ages 21+
	SEATTLE	Seattle Quake Rugby	Gay & Inclusive men's rugby team
	SNOHOMISH COUNTY	Snohomish County Gay Men's Task Force	Social network of gay men in Snohomish County engaging in social activities and fundraisers throughout each month
	ONLINE	Gay Professional Men of Color: Community Service and Programming	Planning and executing organizational service events where members provide assistance to the community; liaising with local organizations

	LOCATION	ORGANIZATION	MISSION/SERVICES
BI/PANSEXUAL	PUGET SOUND	Delta Lambda Phi Fraternity @ UW	UW chapter of Greek fraternity Delta Lambda Phi , for gay, bisexual, and progressive men
	SEATTLE	BiNet Seattle	Mixed-gender social and support network in Seattle for bisexual folks, holding monthly meetings, meetups, and other events
	SEATTLE	Gay Fathers Association of Seattle (GFAS)	Support group for gay and bisexual fathers
	SEATTLE	Mature Friends Seattle	Social group for gay and lesbian adults over age 40 featuring various activities throughout the year
	SEATTLE	Seattle Pan-Bi Alliance	An all-gender social group for those who identify as bisexual, pansexual, fluid, nonmonosexual queer, polysexual, and more; social events for pan and bi+ folks to meet friends, dating potentials, allies, and community
	SEATTLE	Seattle Gay Couples	Social group for men in relationships with other men, ages 21+
	SEATTLE	Seattle Quake Rugby	Gay & Inclusive men's rugby team
TRANS/INTERSEX/GENDER-EXPANSIVE	EVERETT	Washington Gender Alliance	Support groups for transgender, intersex, and questioning folks (currently online)
	PUGET SOUND	Diversity Alliance of the Puget Sound	Social and Discussion Groups (currently held online) for transgender, intersex, and questioning folks
	SEATTLE	Seattle Nonbinary Collective	Local queer community organization hosting meetups and serving as a shared resource for discussions and event planning
	SEATTLE	Ingersoll Gender Center: Transgender Peer Support Group	Currently held remotely - support group for transgender folks in Puget Sound

	LOCATION	ORGANIZATION	MISSION/SERVICES
BIPOC LGBTQ+ GROUPS	ONLINE	Affinity	Serving the needs of the Black LGBTQ+ community with a particular focus on Black women; peer-led discussion/support groups ; virtual office hours for community organizing, social justice, and healing; Cover2Cover intergenerational book club
	ONLINE	Black Transmen	Providing support to transmen thru EmpowerHIM program: self empowerment through Akanni mentoring , access to resources and support groups , Trans (AA) Recovery Groups , and financial assistance
	ONLINE	Black Transwomen	Providing the trans-feminine community with programs and resources to help inspire individual growth; uplifting the voice, heart and soul of black transwomen; Ayombi Women's Kickback Group
	ONLINE	Desi LGBTQ+ Helpline for South Asians	100% confidential support for South Asian lesbian, gay, bi, queer, trans, nonbinary, questioning people in the US
	ONLINE	Marsha P. Johnson Institute	Our community is made up of BLACK trans people and those committed to undoing white supremacy in all of its forms. Our space is intended for the sole purpose of bettering the BLACK trans community across the diaspora through events, workshops, and programming.
HIV+/AIDS	WASHINGTON	Entre Hermanos	Case management and support group for people living with HIV/AIDS
	WASHINGTON	Lifelong: Social Support Groups	

LGBTQ+-Inclusive Faith-Based Organizations

CITY	ORGANIZATION
EDMONDS	Edmonds Unitarian Universalist Congregation
	Edmonds United Methodist Church
EVERETT	Everett United Church of Christ
	Soundview Church
	Trinity Lutheran Church
MARYSVILLE	Evergreen Unitarian Universalist Fellowship
	St. Philip's Episcopal Church
MILL CREEK	Cedar Cross United Methodist Church
MONROE	Monroe Congregational Church, United Church of Christ
MOUNTLAKE TERRACE	Bethesda Lutheran Church
WOODINVILLE	Northshore United Church of Christ
	Woodinville Unitarian Universalist Church

More Recurring Events

[The PRISM Foundation: Runway](#): Annual Asian Pacific Islander LGBTQ+ drag show

[The PRISM Foundation: Community Connections](#): Community Connections is a free event that convenes critical members of the Prism Foundation network as well as the local API & LGBTQ+ community.

General Resource Databases

- [GLBT Near Me](#): Search resources by city
- [It Gets Better: Get Help](#)
- [Ingersoll Gender Center: Guides](#) (including resource guides by county)
- [Gay City: Resources](#): Search by area
- [InterAct Advocates](#): Resources for Intersex Folks
- [Heartland Alliance International: Rainbow Welcome](#): Resources for LGBTQ+ refugees and asylees

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